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KEEP IT VEGAN: OVER 100 SIMPLE, HEALTHY AND DELICIOUS DISHES



Kyle Books. 1 Paperback(s), 2015. soft. Book Condition: New. No longer defined by foods you must "learn to live without," veganism has become a flexible way of preparing healthful dishes to suit your own taste. In this beautifully photographed cookbook, Áine Carlin sees you through three meals, prepared the vegan way, with such delicious yet straightforward options as Rosemary-and-Pear-Stuffed French Toast, Sweet Potato and Kiwi Soup, Winter Squash and Couscous Salad, Red Lentil and Spinach Lasagna, and Cumin-Spiced Carrots. Here...

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- Authored by Carlin, Áine.
- Released at 2015

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