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## No Time for Cancer: Inspire Yourself to Survive Mouth, Head and Neck Cancer

By Carol Dunstone, Ann Bennett

Troubador Publishing. Paperback. Book Condition: new. BRAND NEW, No Time for Cancer: Inspire Yourself to Survive Mouth, Head and Neck Cancer, Carol Dunstone, Ann Bennett, Carol Dunstone and Ann Bennett, both survivors of mouth cancer, wrote a book called Trilogy in 2006 based on their experiences that related to their personal story of recovery; what made them laugh and cry and how family and friends raised their spirits. Following the book's great success, they decided to publish a new book to update their stories, continuing from 2006. And so No Time for Cancer was born, covering the progress that has been made in the passing years which the authors hope will highlight a very definite and positive outlook for their readers. The book offers practical advice and articles on complementary and traditional practitioners who helped and supported their progress throughout their illness. It also includes some very helpful tips and recipes for delicious and nutritious dishes to help those with eating difficulties. The message throughout the book is one of great optimism and love of life, which they hope will be a help and comfort to anyone who is about to undergo surgery or embark on the journey to recovery....



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