



## Caring Questions: Sensitive and Fun Conversation Starters for Caregivers

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By Jennifer Antkowiak

St. Lynn's Press. Paperback / softback. Book Condition: new. BRAND NEW, Caring Questions: Sensitive and Fun Conversation Starters for Caregivers, Jennifer Antkowiak, There are 50 million family caregivers in America who balance their own needs with those of their loved ones everyday, often without help or guidance. Caring Questions provides the warm support caregivers and their loved ones need as they share their hopes, concerns and ideas with each other, (maybe even for the first time!). Caregiving brings up countless issues that families need to talk about together everything from whether its time to ask for outside help, to financial planning, to end-of-life and health-care decisionsand preserving treasured memories. So how to begin these important conversations? The author offers 150 important questions and conversation starters in 13 categories (ex: Stress Busters, Strength from Above, Whats More Important? Family Traditions). Written by Take Care Tips author and caregiver Jennifer Antkowiak, Caring Questions also teaches about the importance of effective communication in caregiving. This approach can be good medicine for all persons involved, as memories and feelings, laughter and tears, are given respect and appreciation a gently therapeutic process thats good for everyone.



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