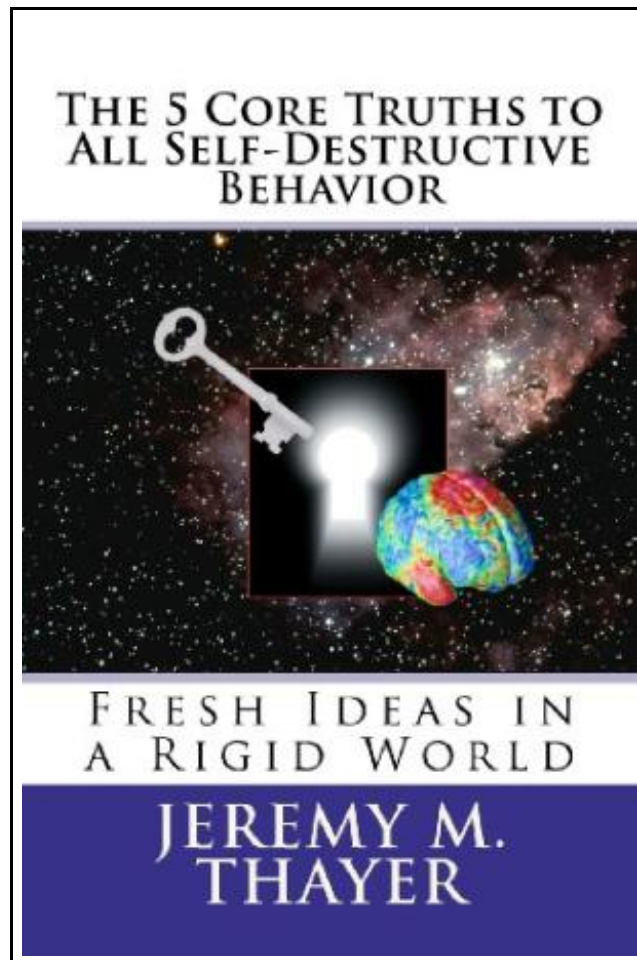


## The 5 Core Truths to All Self-Destructive Behavior: Fresh Ideas in a Rigid World (Paperback)



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## THE 5 CORE TRUTHS TO ALL SELF-DESTRUCTIVE BEHAVIOR: FRESH IDEAS IN A RIGID WORLD (PAPERBACK)



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Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.NEW EDITION WITH 10,000+ MORE WORDS! YOU DON T HAVE TO LIVE IN HIDDEN FEAR OR INNER PAIN ANY LONGER! The 5 Core Truths to All Self-Destructive Behavior is a self-help book for today s generation that strongly critiques, if not slams, the whole of modern psychology. - PrLog From the Author: To tell you about myself, I am a lay minister, author, and former political columnist who has seen more people s lives destroyed than you can possibly imagine. With that being told, throughout my years in various ministries such as jail ministry as well as my personal witness of countless souls around me bound by addiction; I have come to the realization after many years of observation and personal interaction, that there are certain traits that are found in almost every case of adverse, self-destructive behavior regardless of race, sex, or age. It is my goal and hope that this written work would help many of those hurting in the bonds of addiction and depression as I once was. This book is for all who are bound by the pain of past and struggle to cope with their daily lives. This is a book of answers, not of endless questions, as is normal Psychology today. A work dedicated for all who are bound in addiction, and have become mental slaves to their horrible past hurts, found tortured by inner shame. Hidden shame always breeds mental totalitarianism. It is written in a direct, head-on style to address your deeply engrained problems directly and thoroughly. This book is truly unlike anything that you have ever read before. The answer to your pain of past is here!.

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