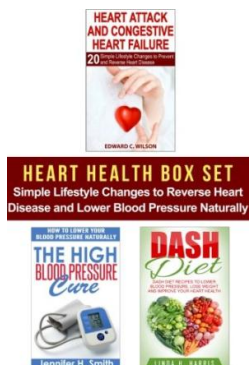# Heart Health Box Set: Simple Lifestyle Changes to Reverse Heart Disease and Lower Blood Pressure Naturally (Paperback)

Book Review

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