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Stop Sugar Craving Fast! (Paperback)

By Gary Pickler

Lulu.com, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The book shares dietary information about how to stop sugar cravings fast through the use of silica foods. It contains a method to stop sugar craving that actually works. From the back cover: Silica, far more than just another trace mineral , is absolutely amazing in its ability to heal us, in dozens of ways. Yet, most people are severely deficient in this essential health-giving nutrient! And now, silica has been found to stop your craving for sugar, in either a few days or a few weeks! Simply eating silica-rich foods results in no more desire for sugar. It s almost too easy , dozens of experimenters report, as their sugar craving falls off, fast! No willpower required! No hypnosis or 12-step program needed! Simply follow this book s instructions on eating silica-rich foods, then kiss your sugar craving habit goodbye , forever. Finally, an easy method that ACTUALLY WORKS!.



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Reviews

Comprehensive guideline! Its this sort of good read. It is actually writter in simple terms and never hard to understand. Its been developed in an exceedingly simple way which is just after i finished reading through this ebook where actually changed me, modify the way in my opinion.

-- **Mabelle Wuckert**

The publication is simple in go through preferable to fully grasp. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Mrs. Josiane Collins**